



Term 4 Week 10 – 16th December, 2024

NEWSLET





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Principal's Report

Dear Kandos Public School Community,



It is with mixed emotions that I write my final Principal's newsletter report for 2024. As I prepare to move back to be closer to my dad and reconnect with family and friends, I feel both excitement for this new chapter and sadness at leaving the wonderful community here at Kandos Public School.

Reflecting on the past 14 months, I am incredibly proud of all that we have achieved together. Our students have excelled not only in sporting events and eisteddfods, but also in their academic pursuits. Each accomplishment is a testament to the hard work, dedication, and resilience of our students and staff.

I would like to take a moment to acknowledge our outstanding 2024 student leaders - Liam Ashford, Dylan Ross and Lillian Griffin. It has been a pleasure working alongside you, and I have witnessed your growth in confidence throughout the year. You should be immensely proud of your contributions to our school community.

I also want to extend my best wishes to our incoming 2025 student leaders - Ryan Gallaher, Olivia Ashford, Lucas Thorn and Elexis Potts. I have no doubt that Mrs. Gillian Keough will be fortunate to work alongside you as you continue to lead and inspire your peers.

A special thank you must go to the superstars in the office - Mrs. Large, Mrs. Baskerville and Miss Tamara. They are the cornerstone of the school and without their hard work and dedication, Kandos Public School would not run as efficiently as it does. I could not possibly list all of the wonderful things they do for our school, but their contributions have made a significant

impact on our community.



thank you

Farewell Mrs King.

The staff and students of Kandos Public School thank you for helping, guiding and leading our school from Term 4, 2023 to the end of Term 4, 2024.

Sending the best and warmest wishes to you and your family for 2025.



ay your future be as bright as your smile."



Principal's Report (Continued)

I would also like to acknowledge all the staff who have gone above and beyond to ensure our students finish the year with wonderful experiences leading up to Christmas. Your commitment to creating memorable moments for our students is truly commendable, and it reflects the strong sense of community we have at Kandos Public School.

Additionally, I want to express my gratitude to the executive team who have stepped up to take on leadership this week while I have taken leave to pack and prepare for our move before Christmas. Your support and commitment during this time have been invaluable.

As I prepare to say goodbye, I want to express my heartfelt gratitude to each and every one of you. I will miss the opportunity to say farewell to the students in person, but I want to emphasise that this is not a goodbye - it's a 'See you soon.'

Thank you for welcoming me into your community and for the support, kindness, and collaboration we've shared. I will cherish the memories made here and carry them with me as I embark on this new journey.

Please note:- Students final school day of Term 4 is this Wednesday, 18th December.

Wishing you all a joyful holiday season and a bright year ahead.

Warm regards,

Tracy King

Principal (Rel)

SRC Talent Quest - 17/12

There will be 14 student acts performing at our SRC Talent Quest tomorrow, Tuesday, 17th December. The Talent Quest will take place in the Multi Purpose Hall at 10.00am. Parents and family members are invited to join us for this event.

Thank you #1

Sincere thanks to Jenny James (Ashford) who has been diligently collecting the school's cans and bottles for recycling. Jenny recently donated \$180.00 to the Year 6 Farewell.



PRESENTATION DAY - Major Award Recipients

DUX 2024



DIAMOND AWARDS

Lillian Griffin
Liam Ashford
Ashley Furness
Olivia Ashford
Amity Lilley

GOLD AWARDS

Liam Ashford
Mia Brown
Aiden Evans
Lillian Griffins
Peyton O'Neil
Austin Parkins
Kaidence Potts
Cameron Schneider
Olivia Ashford
Ashley Furness
Yamane Aylett-Murray
Amity Lilley
Sophie Ashford

ATTENDANCE AWARDS

Lucy Walsh

Lucy Walsh
Austin Parkins
Jaidyn Mundey (Encouragement)

PARTICIPATION AWARD

Ashley Furness

OWEN PASCOE MEMORIAL SHIELD

Ryan Gallaher

CITIZENSHIP AWARDS

Primary

Liam Ashford

Infants

Arabella Lilley

CULTURAL AWARDS

Primary

Austin Parkins

Infants

Skye Stimson

SPORTSMANSHIP AWARDS

Primary

Aiden Evans

Infants

Ava Connors

PREMIER'S SPORTING CHALLENGE MEDAL

Phillipa Kilminster

CARNIVAL WINNERS

Swimming Carnival - Coomber Athletics Carnival - Coomber Cross Country Carnival - Lloyd

CHAMPION HOUSE 2024

Coomber

PURSUIT OF EXCELLENCE <u>AWARDS</u>

Stage 3

Lillian Griffin
(Margaret Butler Trophy)

SCHOLARSHIP AWARDS

Junior Primary

Jade Wood

Senior Primary

Yazmane Aylett - Murray

Year 6

Benjamin Chandler

ANDREW GEE MP

Happy Helper Award

Penelope Evans

ANDREW GEE MP

Awesome Attitude Award

William Sant





P&C Report

As the year draws to a close, I would like to extend a heartfelt thank you to our entire school community for your unwavering support throughout 2024. Your involvement in our events and fundraisers has been invaluable, and we are so grateful for the positive impact it has had on our school.

A special thank you goes to our dedicated P&C committee

members for their time, energy, and commitment. Without your hard work, none of our achievements this year would have been possible. We would also like to express our sincere gratitude to the following businesses for their generous donations towards our fundraisers this year:-



Mountain View Bakery

- Potts Eggs
- Taronga Western Plains Zoo
- Taronga Zoo Sydney
- Hunter Valley Gardens
- Scenic World
- Wellington Caves
- St George Illawarra Dragons
- Penrith Panthers
- NRL Community

This year, we have been busy running stalls for both Mothers' and Fathers' Day, hosting a Fathers' Day breakfast, providing morning tea for Grandparents Day, and organising fun events like Pyjama and Popcorn Day and a Cake Stall. We also offered lunch deals and snacks during school events, supported the 'Fly' Whole School Performance and Infants Sports Day, and assisted Rotary with their BBQ at the Dog Show. We were also thrilled to run our annual Christmas Raffle, and we are grateful to everyone who supported it. Your participation helps fund so many of the wonderful things we are able to provide for our school community.

Additionally, we were proud to have had a member of our P&C committee sit on the Principal Selection Panel, helping to fill the permanent Principal position at Kandos Public School. Congratulations to Mrs. Gillian Keough on being the successful applicant – we welcome you to our school community!

We also wish to thank Mrs. Tracy King, our outgoing Relieving Principal, for her leadership over the past 14 months. We appreciate her contributions to our school and wish her all the best in the future.

This year, we have been able to give back to the school in several meaningful ways, including securing an additional \$500 donation from Rotary to the Indigenous Literacy Grant, donating Presentation Day gifts and awards, and providing

all Year 6 students with a special farewell gift.

Looking ahead to 2025, we're excited for more fun fundraisers and would love to welcome new members to join our efforts. Your support makes a real difference, and we would be thrilled to have more of you involved!

Wishing everyone a safe and joyful holiday season. Merry Christmas, and I look forward to seeing you all in the new year.

Warm regards,
Sarah Ashford
P&C President
Kandos Public School

Raffle Winners

1. Family Pass to Taronga Western Plains Zoo, Dubbo -

Samuel Rogers

- 2. Family Pass to Taronga Zoo, Sydney Sophie Ashford
- 3. Family Pass to the Hunter Valley Gardens Christmas Light

Spectacular - Kim Rogers

4. Scenic World Family Unlimited Discovery Pass - Scott

Rogers

- 5. Family Pass to Wellington Caves Jimmy Spice
- 6. Signed St George Illawarra Jersey Hedger Family
- 7. NRL Community Packs -
- a) Scott Rogers
- b) Malia Papalii
- c) Samuel Rogers



Kandos Public School Newsletter



Class Highlights



In Term 4, our Kindergarten class has had an exciting and action-packed journey of

discovery! We began the term with a fun visit to the zoo, where the children explored different animals and their habitats. Our little leaders also took the spotlight by leading the School Assembly with creativity and confidence. The class had a great time participating in the Infants Sports Day, showing off their teamwork and sportsmanship.

We delved into science investigations, sparking curiosity as the children explored how the world works through handson activities. Our budding artists also enjoyed studying famous artists, getting inspired to create their own masterpieces. The children had a blast playing with robots, learning how technology can be both fun and educational. It's been a term full of exploration, learning, and growth!

Mrs Byrnes

K/3M

The highlight of this term was our trip to Dubbo Zoo where we saw some familiar and strange animals. The students enjoyed patting the Centralian python and learning about backyard creatures.

In class, the students created reports of their favourite animals. Our favourite book this term was Migaloo the White Whale.

Ms McEgan & Mrs McKay

1/2T

Class 1/2T has had a productive and eventful Term 4, both within the classroom and in the community!

We kicked off the term with a fantastic Infants Sports Day alongside Rylstone Public School, where students showcased their skills and sportsmanship. Our adventure continued with an exciting excursion to Dubbo Zoo, allowing us to learn about wildlife and conservation



allowing us to learn about wildlife and conservation firsthand.

Students have also been diving into the Learn to Swim program, developing water safety skills and their stroke techniques. Our participation in Jump Rope for Heart not only promoted physical fitness, but also raised awareness for heart disease and the importance of maintaining a healthy lifestyle. Additionally, Class 1/2T have enjoyed participating in Peer Support activities led by Year 6, fostering friendships and teamwork among peers.

In the classroom, we have been enhancing our ICT abilities, exploring various digital tools to aid our learning. Our scientific curiosity led us to experiment with hot and cold temperatures, discovering their effects on various materials. It has been a term full of learning and fun for 1/2T!

Miss Roberts

2/3B

This term, students have actively participated in various key learning areas. Class 2/3B have been experimenting with Power Point presentations where they designed an informative presentation on a place of their choosing. Students have been refining their ICT skills using this software by learning how to insert images, add colour and fancy fonts, use creative slide transitions, and then present their final product to the whole class. It has been fantastic to watch Class 2/3B develop and create their informative Power Points this term.

Students have also been developing their skills and knowledge in other key learning areas such as multiplying using arrays and creating their own fraction walls in mathematics. Students have also been entertaining Miss

Vidler with their daily stories that are written during their reading groups. Their stories ranged from a gloomy dark cave to a vibrant underwater adventure.

Miss B. Vidler



TERM 4

Kandos Public School Newsletter



Class Highlights

4/5V

We have had a very busy term in Class 4/5V, with lots of learning and

student growth happening. All students completed a presentation on an endangered species that they researched and made an information flyer to go with it. The Anna Bay Excursion was a blast and all students had a great time exploring the Port Stephens area. Another highlight was reading Deltora Quest and students writing their own narratives and sharing them with their peers.

Miss C. Vidler

6C

Term 4 has been an exciting and memorable time for Class 6C!

One of the major highlights was our Stage 3 excursion to Anna Bay, where students enjoyed a thrilling dolphin cruise, had the opportunity to feed rays, and experienced the fun of sandboarding. It was a fantastic three days filled with adventure and enjoyment!

Additionally, the Year 6 Farewell provided a wonderful opportunity for students to celebrate their achievements and reflect on their time in primary school. It was a special event where everyone had a great time creating lasting memories.

Mrs Cole

2/6C

What an action-packed term it has been for Class 2-6C! Students have embraced every opportunity to learn, grow, and shine through a range of exciting activities.

Some of our students attended the Stage 3 excursion, where they explored new environments and expanded their horizons. Students participated in weekly swimming lessons to help build confidence and water safety skills. Our year 6 students lead soccer clinics and peer support groups, showing their leadership, teamwork and sportsmanship. We participated in Jump Rope for Heart, where students skipped their way to better health while

Heart, where students skipped their way to better health while raising funds for a great cause. Our Kick Start Buddies program saw students mentoring younger peers, fostering connections and leadership skills. It's been a term to remember, We look forward to more adventures next year.

Miss Comer

Library

2024 has been an exciting year for our library, filled with great opportunities and memorable experiences. Some of the highlights include:

The Author Pen Pal Program: Students connected with authors Renée Treml and Emma Bowd, exchanging letters and fostering a love of writing.

Pete Cromer Author Study: Students explored Pete Cromer's vibrant animal art, creating their own portraits inspired by his unique style.

Book Week - Reading is Magic: Our celebration of books featured fun activities, dress-up days, and storytelling, showcasing the magic of reading.

Author/artist Workshop with Jessica Leffley: Author and artist Jessica Leffley led a creative workshop, inspiring students to explore their artistic talents.

New Books and Resources: Thanks to the dedication and hard work of Mrs. Baskerville, our library collection expanded with many exciting new titles added.

Borrowing and Learning: Our students made the most of the library's resources, borrowing a wide range of books, enhancing their research skills, and engaging with new technology.

We're looking forward to all the wonderful opportunities 2025 will bring!

Mrs McKay



Community News





Sincere thanks to the two local ladies (who wish to remain anonymous), who visited our school last week and gave the gift of 17 homemade bags filled with goodies for students at Kandos Public School. A draw took place and we congratulate the 17 lucky students who each won a bag.









Whooping Cough (page 1)

Whooping cough is very infectious. It is spread in the air as droplets, usually by coughing or sneezing. This means it spreads easily from one person to another and through families, childcare centres and schools.

A person with whooping cough can pass it on to others as soon as they get cold-like symptoms. Peop

How is whooping cough spread?

A person with whooping cough can pass it on to others as soon as they get cold-like symptoms. People are usually infectious for three weeks after their cough starts, unless they take antibiotics early in their illness.

Pregnant people who get whooping cough in the last month of pregnancy may also pass it onto their

Who is at higher risk of severe illness from whooping cough?

- Newborns and premature infants are at greatest risk of severe illness, hospitalisation and death.
 These babies are too young to be fully vaccinated.
- This is why it is important for pregnant women to be vaccinated during each pregnancy to
 protect the baby in its first months of life with antibodies from its mother before they can have
 their own vaccination.

How is whooping cough prevented?

The best protection against whooping cough infection is vaccination. This protection drops off over time which means boosters are needed.

Vaccination during pregnancy

A vaccine for pregnant women is available through GPs and hospital antenatal clinics

during *each* pregnancy. This vaccine is free. The whooping cough vaccine can be received any time between 20 and 32 weeks. This vaccine is important as it also protects the baby until they can have their own vaccine.

Pregnant women who have not been vaccinated during pregnancy, should have the vaccine as soon as possible after giving birth. This will reduce their risk of getting whooping cough and spreading it to their baby.

Please see protect your newborn from whooping cough for further information

Vaccination for babies

- Babies should be vaccinated at 6 weeks, 4 months, 6 months and 18 months of age.
- Vaccinating babies on time gives them the best protection while they are most at risk of serious
- If your baby's vaccines are overdue, see your GP now to catch up.

Vaccination for older children

- A whooping cough vaccine dose is needed at 4 years of age.
- A dose is given to adolescents between 11 to 13 years of age in high school, through the NSW School Vaccination Program. This dose is important because immunity declines over time.

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NSW Health

Whooping Cough (Pertussis)



Fact sheet

Last updated 12th September 2024

Whooping cough affects people of all ages. It can be especially serious for babies. Vaccination reduces the risk of infection and severe illness. It is very important for pregnant women to be vaccinated during each pregnancy to protect the baby in its first months of life. Treatment for whooping cough is available.

What is whooping cough?

Whooping cough is a serious respiratory infection. It is caused by the bacteria Bordetella pertussis. It is also called pertussis.

Whooping cough is very infectious and spreads easily from one person to another. It affects people of all ages and can be life-threatening in babies. Children and adults generally don't get as sick, but can pass it on to babies who are at higher risk.

What are the symptoms of whooping cough?

- Whooping cough usually starts like a cold with a blocked or runny nose, sneezing, a mild fever and an occasional cough.
- The cough typically gets worse and severe bouts of uncontrollable coughing can develop.
 Coughing bouts can be followed by vomiting, choking or taking a big gasping breath which causes a "whooping" sound. The cough can last for many weeks and can be worse at night
- Some babies may not cough at all, but they can stop breathing completely and turn blue. Other
 babies may have difficulties feeding and can choke or gag.
- Older children and adults may just have a cough that doesn't go away. In adults the cough
 commonly lasts 5-7 weeks, sometimes longer. They may not have the whoop.
- Some people will have milder symptoms, especially if they have been vaccinated
- Symptoms usually appear about 7 to 10 days after contact with someone who has whooping cough.

Call <u>healthdirect</u> on 1800 022 222 if you or your child are unwell and you're not sure where to go. healthdirect is free and available 24 hours a day, 7 days. A nurse will answer your call, ask some questions and connect you with the right care.

Call Triple Zero (000) or go to a hospital emergency department immediately if your child has difficulty breathing or turns blue.

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Whooping Cough (page 2)

Vaccination for adults

A whooping cough booster is recommended for:

- adult household members, grandparents and carers of infants under 6 months of age if they haven't had a pertussis vaccine in the last 10 years
- adults working with young children, especially healthcare and childcare workers, every 10 years
- adults at age 50 years and 65 years who have not had a pertussis vaccine in the last 10 years.

Accessing your vaccination record

- In Australia, vaccinations are recorded in the child's Blue Book and on the Australian Immunisation Register.
- For instructions on checking your vaccination record, see Check immunisation history

How is whooping cough diagnosed?

Your doctor may ask about you or your child's symptoms and whether there has been any contact with someone who has whooping cough.

If your doctor thinks you have whooping cough, a swab from the back of the nose or throat can confirm the diagnosis.

If you or your child have been in contact with someone who has whooping cough but do not have any symptoms, you do not need to get tested.

How is whooping cough treated?

Antibiotics are used to treat whooping cough in the early stages of the infection (the first 3 weeks) and can help prevent the spread to others. After 5 days of antibiotics, people are no longer infectious.

The cough often continues for many weeks, even if treated with antibiotics. Early treatment may make the illness less serious and will reduce how long people with whooping cough are infectious.

Some babies may need treatment in hospital. Some might require intensive care.

Older children do not usually have a life-threatening illness and rarely need treatment in hospital.

Adults generally do not require treatment in hospital. But some older people may develop pneumonia and people who smoke or have asthma may also require further treatment.

How can people with whooping cough reduce the risk of spreading it?

People who have been diagnosed with whooping cough should take these steps to help protect others:

- Stay at home. People with whooping cough should stay at home until 5 days after starting antibiotics. Those not taking antibiotics should stay home for 21 days from the beginning of your
- Avoid contact with people at high risk of serious illness, including babies and pregnant women.
- People who have been in contact with pregnant women or babies, should tell them that they have
 whooping cough. Babies and pregnant women may need antibiotics to prevent an infection if they
 have had close contact with an infectious person.

Parents who have a child with whooping cough can help reduce the risk of it spreading through their household by:

- Keeping them away from other people as much as possible, particularly babies
- Asking them to cover their mouth when coughing or sneezing, if possible
- Disinfecting toys and objects they use while they are sick.
- Encouraging everyone in the household to practise good hygiene, including regular hand

Anyone who has been in contact with someone who has whooping cough should monitor for symptoms and talk to their doctor if symptoms develop.

If you have concerns, please contact your doctor or call healthdirect on 1800 022 222

What is the public health response to whooping cough?

Whooping cough is a notifiable disease in NSW.

Doctors, pathology providers and certain services, such as schools, childcare centres and aged care facilities, may need to inform their local public health unit of any cases of whooping cough.

This helps to identify outbreaks of whooping cough. It also means NSW Health can provide you and the community advice on how to stop the spread of whooping cough.

Information will remain confidential.

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